

GCH 295-002: Nutrition for Health Professionals Fall 2008 Class Schedule

MONTH	DATE	LECTURE TOPIC	Text Chapter	ASSIGNMENT DUE / QUIZ / EXAM	
August	28	Overview / Intro	1		
September	4	Introduction to Nutrition	2		
	11	Digestion & Absorption review Carbohydrates	3	Diet Analysis Part #1	
	18	Lipids	4, 5	Internet Project	
	25	Lipids & Proteins	5, 6	QUIZ #1	
October	2	Diet Analysis Info	CD-ROM	EXAM #1	
	9	Vitamins: Intro and Fat Sol	10, 11		
	16	Water Soluble Vitamins	10	Diet Analysis Part #2	
	MIDTERM GRADES POSTED BY OCTOBER 19th				
	23	Water and Major Minerals	12		
	30	Trace Minerals	13	QUIZ #2	
November	6	Eating Disorders	video / Highlight (9)	EXAM #2	
	13	Metabolism and Energy	7,8	Diet Analysis Part #3	
	20	Weight Management	9		
	27	THANKSGIVING BREAK NO CLASS			
December	4	Food Borne Illness	<i>lecture only</i>	QUIZ #3	
	11	7:30 pm to 10:15 pm		FINAL EXAM	
FINAL GRADES POSTED BY DECEMBER 18TH					